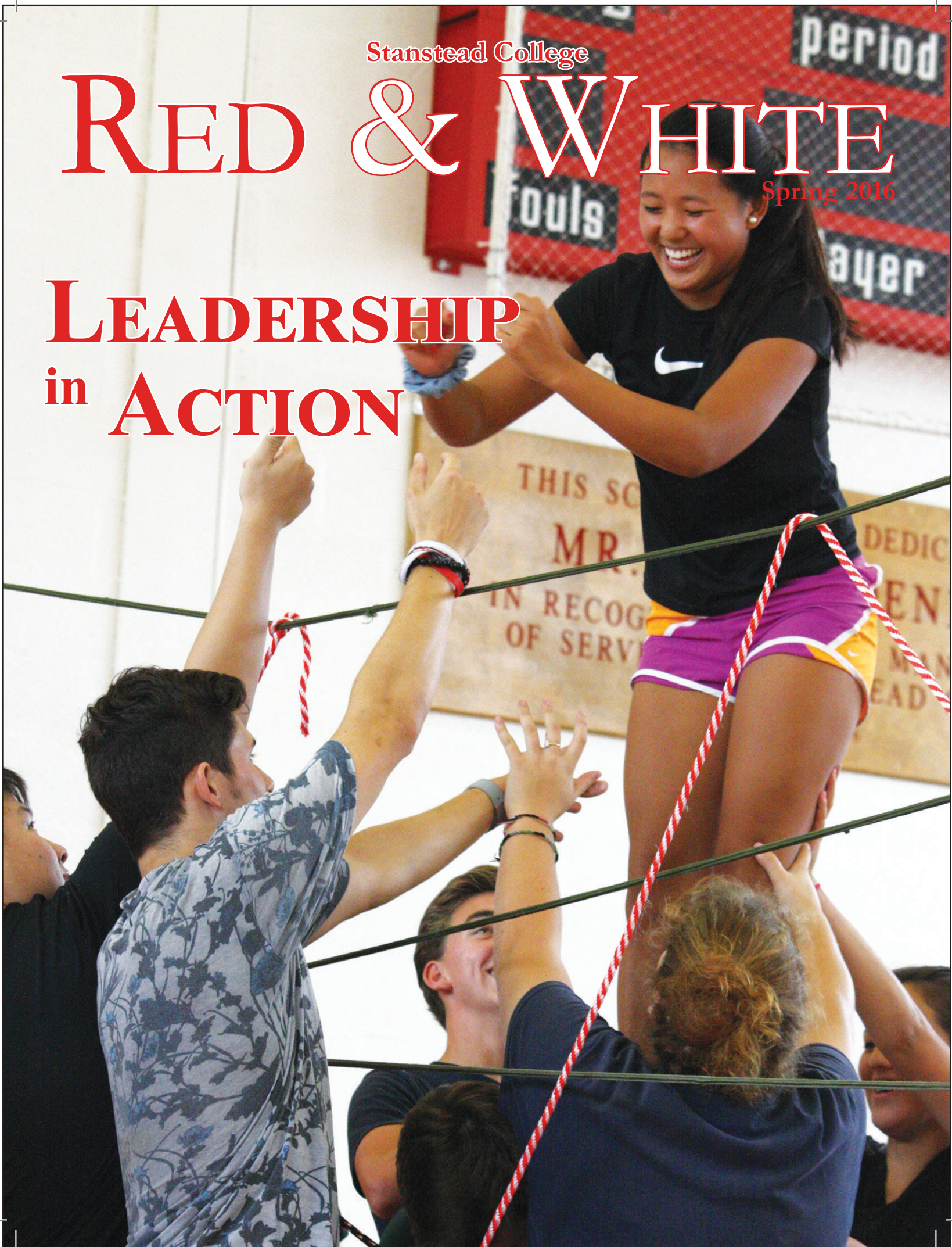


Stanstead College

# RED & WHITE

Spring 2016

## LEADERSHIP in ACTION







*2016 Co-Head Prefects  
Alissa Bissonnette and William Lebel*

# LEADERSHIP

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## Discovering the leader within

At the start of the school year, before even the new students get here, our prefects arrive on campus. Some of them know each other well, others might have a whole different circle of friends. But here they are, thrown together at prefect orientation and for the rest of the school year, expected to work as one to make the school a dynamic, positive, energized place. They'll be expected to prove themselves as leaders.

It's fascinating to watch the prefects undertake this challenge. Some will lead with ideas, some with organization, others by enthusiasm and positive energy, others through consultation and deliberation. As with all things in life, some will succeed more than others.

Because leadership comes in so many forms, it's so hard to define – do A, add B, consistently be C, and, voila, you're a leader. It doesn't work that way. Instead, leadership is one of those things where you know it when you see it.

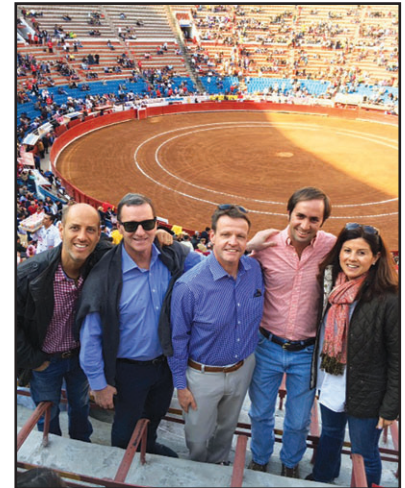
At Stanstead College, we encourage leadership because it is an essential trait for getting by in the world. At some point in our lives, we're all going to be called upon to demonstrate leadership, whether it's at work, at home or in the community. It could be something as simple as leading a small charitable event or something as important as responding to an emergency situation. So we want to try to help prepare our students for that inevitability, and it's through the many opportunities that Stanstead offers that we feel this preparation can be achieved.

I can think of no better example of a leader than Robert Perretta, Class of 2004. As you'll read in this issue of the *Red & White*, his leadership journey began here at Stanstead and has led him to become a force in

his New York circle as a fundraiser for cancer research and pediatric cancer health care.

As Rob mentions, he was an outgoing kid even before he came to Stanstead, so it raises the question whether leadership is innate or something that can be taught. I think that Stanstead treats leadership as it does with other qualities: it's all about potential. Whether a student's leadership comes naturally or has to be learned, Stanstead offers the opportunities to allow young people to explore and develop the leader within them, however that manifests itself. It might be taking the lead on a Science Fair project, acting in a play or, as you'll read in this issue, creating a bridge between our school and a school in need in Vietnam.

Leadership has been a quality that Stanstead College has tried to instill in its student since its founding and one we are committed to continuing in the years ahead.



Michael Wolfe and Dugie Ross attended a bullfight in Mexico this February with Ricardo Gallo, 2004 and current parents Cecilia Jacques, 1987 and Ignacio Armendariz. Son Rodrigo is in Grade 9 and son Javier will attend Stanstead this fall.



Annik Williams, 2011

Annik Williams (Class of 2011) was at assembly in March to make a presentation to students about AIDS/LifeCycle, a 7-day ride from San Francisco to Los Angeles to raise money and awareness in the fight against HIV/AIDS. Coming up in June, this will be Annik's second time participating in the event. Annik studied kinesiology at McMaster university and earned a diploma as a personal trainer. She is offering her services as a health and fitness coach while she prepares her portfolio to study graphic design.



## Stanstead helps out displaced seniors

The Stanstead College Student Centre was temporarily an evacuation centre in mid-January as residents of nearby Manoir Stanstead were forced into the night by a fire alarm.

The alarm at the assisted-living residence sounded around 8:30 p.m. Stanstead College teacher Eryn Hessian was among the Town of Stanstead firefighters who responded to the call. She contacted the school about using one of the buses to provide the residents with temporary shelter from the cold.

While there did not appear to be flame or smoke, firefighters could not pin down the source of the alarm. Rather than take a chance, the decision was made to move the residents to the College's Student Centre overnight, in accordance with an agreement between the two institutions.

Mattresses and bedding from the student residences were brought over to the centre. Teachers, staff and student volunteers spent a good portion of the night making the seniors and other guests comfortable. Many of the stu-



dents were back in the early morning to help serve breakfast, provided by the school's cafeteria.

The seniors returned home at roughly 8:30 a.m., again using the College vehicles

## SC set to undertake accreditation renewal

This past January, Stanstead College took the first step in a comprehensive self-study process, a requirement for our continued accreditation by the New England Association of Schools and Colleges (NEASC). Members are expected to undertake the exercise every 10 years.

The College has been a member of NEASC since 1997. The actual self-study procedure will begin this spring and be carried out in earnest through the 2016-17 academic year. However, it kicked off January 28 with a visit from Jim Mooney, Deputy Director, Commission on Independent Schools, NEASC. Mr. Mooney met with the full faculty and offered an overview of the NEASC self-study methodology.

Founded in 1885, the NEASC has been working to establish and maintain high standards education longer than any other accreditation agency in North America. Accreditation relies on a voluntary peer-review process engaging experienced educators from schools similar to Stanstead College. The exercise culminates in a visiting committee

review, onsite, in the fall of 2017. Following this, a final report is prepared. A decision on continued accreditation is then rendered.

Fourteen standards of accreditation will be reviewed by committees comprised of school stakeholders. These will be drawn principally from the faculty and staff but may as well include members of the broader school community. The standards are high and will focus on virtually every aspect of the school's operation.

NEASC accreditation is a system of accountability that is comprehensive in scope. It respects differences in institutional populations, missions and cultures, and fosters institutional change grounded in the judgement of practicing educators. It is based on standards that are developed and regularly reviewed by the members and that define the characteristics of good schools and colleges. Stanstead College has benefited greatly undertaking the process twice before and we fully expect this will be the case again this time.



# Hockey girls undefeated NAPHA champs

The Stanstead Girls Spartans were undefeated in North American Prep Hockey Association play this season, winning the league and later the playoff championship in Buffalo, NY.

The girls defeated Gilmour Academy (Cleveland, Ohio) 3-0 in the championship NAPHA game.

Katie Peddle, Shayla Coates and Katerina Bukolska scored in the final for the Spartans, who had previously defeated Lake Placid's Northwood School 5-2 in the quarter finals and Ridley College of St. Catharines, Ontario 5-0 in the semis, with Edith D'Astous registering both of the team's shutouts.

This is the second time the girls have won the NAPHA trophy, having brought it home in 2011. In March, the league named forwards Stephanie Desjardins and Michaela Pejzlova as well as defencemen Ariane Julian and Alexie Guay to the All-League First Team.

The girls capped off their season by capturing the North American Hockey Academy (NAHA) Tournament in Stowe and followed up by winning their own home invitational tournament prior to the March break. They also won the Philips-Exeter Tournament and were also finalists at the Northwood School Tournament in Lake Placid, NY.

\*

The Varsity Boys Hockey Spartans were the top team in the Midwest Hockey League Bower Division but came up short in the MPHL playoffs. After winning their first game 8-2 against Loyola, the Spartans lost 1-0 to Gilmour in the semi-final, the lone goal coming in the dying minutes of the third period. In their final game of the playoff, Stanstead beat Lake Forest 2-1 in overtime to come up with a third-place finish.



The team also made it to the semi-final at the second National Independent Schools Invitational Championship in Ontario, but fell to Ridley.

The Pat Burns Arena was filled on January 20 when our varsity boys faced off against BCS U18 team for the first time in close to a decade. It was a thriller for fans as both teams pounded goal after goal. Tied 5-5 after two, Stanstead ended up winning 9-7. It was a great outing and hopefully the revival of an old rivalry.

\*

The Prep (junior) Hockey Spartans won the ETIAC league banner for the second straight year and then capped it off with the ETIAC playoff championship, defeating ri-



Stanstead Girls Spartans





Prep Hockey Spartans

val Alexander Galt back to back in a best-of-three final. The boys were also finalists at the AAESQ Neil Provincial Tournament held here and finished the season with an overall record of 26-18-2.

\*

In basketball, the Junior Girls Spartans captured the ETIAC playoff trophy for the first time in school history. The girls faced the league's regular-season champions Richmond Regional in the final. In a smaller than usual league (Alexander Galt having withdrawn from ETIAC to play exclusively in the RSEQ league), the two teams had previously faced off three times, with Richmond winning twice.

Richmond played a physical press throughout the final, forcing Stanstead to struggle to get the ball over half and resulting in a number of turnovers. But the Spartans were tough on defence in their own right, especially under the basket, resulting in a 2-point lead for the Spartans at half.

The second half saw Richmond further fluster the second-place team, allowing the Raiders to build a lead by as

many as 7 points. With our top post player fouled out, the Spartans fought back and found themselves down 30-31. After an SC timeout, Emily Willis for the Spartans was fouled on the shot with only 11 seconds left. Needing one to tie, Willis sank two free throws to take the lead. Stanstead then hung tough on defence, forcing a Richmond turnover



Junior Girls Basketball



Jamal Mayali



to regain possession and win the game.

The junior girls were also finalists at the Montreal Independent Schools Tournament.

\*

The Varsity Boys Basketball Spartans had another successful season.

For the third straight year, the boys captured the AAESQ Visser Trophy. The provincial tournament was played at Alexander Galt with

teams from Galt, Heritage, Massey-Vanier, Quebec High, Stanstead College. The boys were undefeated in their opening games, facing Quebec High in the final and winning 72-52. Jamal Mayali, who was outstanding all season, earned 41 of those points and was named tournament MVP.

In January, the Spartans won the Vic "Smooth" Ajula Memorial Tournament at Dawson College in Montreal. SC defeated host Dawson 79-73 in the final to win the four-team tourney. The team also won the BCS Invitational.

*The swim team, with a limited roster, finished second in ETIAC.*



## Faculty changes

Andrew Blair, our current Director of Academics, has been appointed our new Director of Advancement. Mr. Blair will assume this position starting in late fall 2016 with the retirement of Dugie Ross.

Mr. Blair has spent his career working in independent school education as a teacher, administrator and coach. He has a vast knowledge of many aspects of the culture, including fundraising and alumni development.

"Given his excellent work at Stanstead College over the past six years, I am confident that the learning curve will be minimal and the transition seamless," said Headmaster Michael Wolfe. "I look forward to Andrew bringing his professionalism, high energy and good spirits to this new position."

\*

Mark Bembenek, our current Director of Academics, has been appointed as our new Summer Programs Coordinator, taking over from Stéphanie Delorme who will be leaving us in April to follow other pursuits.

"I would like to thank Stéphanie for her outstanding work in building our summer program offerings over the past five years," said Mr. Wolfe. "When Stephanie started, our annual summer revenue was \$125,000 mainly through the Language Adventure and the Girls Hockey Camp. Stéphanie has expanded our summer program to include additional hockey

camps, the Debate Canada camp, football, figure skating, art, soccer and basketball camps. Last year, these programs generated over three-quarters of a million dollars in revenue for our school. Fabulous!"

Mark Bembenek has been Athletic Director at Stanstead for three years. While running the Athletic Department, he has been particularly successful in developing our basketball program and has led our varsity boys team to three consecutive Visser provincial championships. We look forward to Mr. Bembenek building on Ms. Delorme's success in the years ahead.

The school will be hiring a new Athletic Director and Director of Academics over the summer.

Stéphanie Delorme





## Building Leadership out of adversity

Those who know Rob Perretta through Stanstead College know his story well. Rob, pictured below right with his family and girlfriend, came to Stanstead from Staten Island in Grade 9 to play hockey. At the start of Grade 11, on September 11, 2001, he lost a cousin – a firefighter – in the World Trade Center attacks. Two months later, after feeling terribly rundown, he was diagnosed with acute myeloid leukemia.

After intensive treatments at NYU Langone in New York City, Rob went into remission. He returned to Stanstead to complete Grade 11. By Grade 12, he was a prefect, playing football, captaining the hockey team, and at the end of the year was the recipient of the Pitcher Prize, the school's highest honour.

It's a story of courage and spirit. But for the longest time after Rob graduated, very few people outside Stanstead knew this story.

Four years ago, Rob joined up with a friend from Staten Island who had lost both his parents to cancer and for several years had been holding annual benefits in local pubs with close friends. After Rob joined, they created a foundation, Rise Above Cancer, and the local benefit has grown to attract over 200 people and raise up to \$10,000 annually.

That first year, Rob invited some of his hockey buddies from Franklin Pierce University and Wagner College, where he earned his MBA.

"My friends didn't have a clue I'd had cancer until they heard my speech at the first event," he says.

The same is true at Citibank in New York, where Rob currently works as project manager for the compliance technology portfolio within the Chief Technology Office. Last year, he was asked to join the organizing committee for Adults in Toyland, an annual event that raises funds for the Stephen D. Hassenfeld Children's Center for Cancer and Blood Disorders. This is the hospital that treated Rob's leukemia and a cause he had been supporting since his return to New York.

"When they asked me, I had no idea that Citi was a presenting sponsor. It was a total coincidence. Once I connected the dots, I went to my manager and asked if I could spearhead an internal campaign within the technology department. That hit about 10,000 employees and we raised \$9000."

*"I'm asking people to go above and beyond," he says. "It takes some convincing. But the approach is putting the cause up front, being passionate, being able to point out to people what's important."*



The Perretta Family

That first year, the event organizers asked if they could use Rob's story to promote the event. He declined.

"I wasn't ready. The business I'm in is very political. I didn't want people to think I was using this as a sort of leverage," he says.

But this year, he agreed to share his story of treatment at Hassenfeld. "In the end, I decided if it could help people out, then why not."





Rob's Stanstead Family

Rob went back to Citi and asked, "Why can't we expand?" Given the green light, the internal campaign hit up 25,000 Citi employees in all departments throughout New York Metro. Their goal was \$25,000; They hit \$35,000. This past February, the Adults in Toyland event raised \$860,000.

Rob says he does what he does because he wants to give back to the hospital that saved his life, but accomplishing these things takes skill, specifically leadership skills.

"I'm asking people to go above and beyond," he says. "It takes some convincing. But the approach is putting the cause up front, being passionate, being able to point out to people what's important."

At Franklin Pierce, Rob also captained the men's hockey team. That's a different kind of leadership, he says. "For starters, there's more cursing."

With athletic leadership, he adds, what you bring to the atmosphere isn't enough. You have to produce, lead by example. You also have to be able to lead a team through the lows.

"With fundraising, on the other hand, we're already winning. As soon as people jump on board, we're winning. There are a lot more highs than lows."

In fact, after February's Adults in Toyland fundraiser, Rob suffered a mild crash – a post-party depression. He was already asking himself, "What next?"

"You'll never find me sitting still," he says.

### Positive person at Stanstead

A lot of that came out of Stanstead, he says, and the difficulties he went through. It's a thirst for life, an excitement for being alive.

**Stanstead Hockey Brothers!** Peter Ross (2003), Adam Spirk (1999), Rob Perretta (2004), John Perretta (2013), Tom Perretta (2006), JD Ross (2000) and Tom Spirk (2001) at the recent alumni hockey game this past February.

"My outlook on life is a lot different than other people's," he said.

While his Stanstead community may remember the trials of his senior years, they might forget that in Grade 9 Rob was already making an impact; he won the Wilder Shield that year as the junior student with the most positive influence, one of the few Pitcher Prize winners to have won both.

"Maybe it was because I was this New Yorker who stuck out like a sore thumb at Stanstead but I was always a positive person. I guess my style of leadership then is the same as now: be friends with everyone," says Rob, who credits his parents for instilling this value.

Rob also looks back at the advice from then Director of Advancement Michael Wolfe, now Headmaster.

"He helped me a lot in Grade 12 with focusing on a career path and also giving me tremendous advice whenever I needed. One thing he said to me was, 'There are sayers and then there are doers. You are definitely a doer, so keep continuing to do great things.' This has stuck with me since, and I've used it to push myself forward."

As for where forward will take him, Rob is currently finishing his second MBA and looking forward to continuing his charity work and serving as a Stanstead College trustee.

"I take every day as it comes, but I'm excited about my 30s and 40s," he says, "I'm optimistic for what's next."



## The many paths to leadership

When you hear “student leadership” and “Stanstead College” in the same sentence, you’re mostly likely to think “prefect.” And without a doubt, the prefect system is leadership in its purest form at the school, one that both recognizes and develops student leaders.

The prefect system at Stanstead goes back to 1957, when it was introduced by Headmaster Walter K. Molson as a means of giving more responsibility to students. In 1975, prefects received a pamphlet outlining their roles:

“We do not want bullies, policemen, tell-tales, fakes, uncommitted followers, ‘Stanstuds,’ power happy people, or a group of privilege-seeking headmaster’s henchmen concerned with their own ‘image’ and playing the ‘role’ of leader.

“We do want a group of effective leaders who are prepared to give of themselves to bolster the morale of the school and develop the school spirit; assist the administration and staff by working with them for the common good.”

The description remains more or less apt today, and prefects continue to fill the role of student leaders. Quite simply, they are expected to be all in at all times.

At the start of the new year, the prefects arrive early and undergo orientation themselves, learning the nuances of leadership – the subtle difference, for instance, between leading and bossing. These are skills they are expected to

carry and develop throughout the year, whether it’s giving a speech at Wednesday assemblies or revving the students up for a student event.

Of course, not everyone gets to be a prefect, and each year many students who apply come away disappointed.

Thankfully, that’s not the end of possibility for leadership at Stanstead College.

The list of opportunities includes team captains, house captains, peer tutors. Tour guides serve as in-house ambassadors. Others step into the spotlight to perform at Café Cappuccino, the variety show or in the school play. They shine at the science fair or through class presentations, they work on group projects. Some participate in Habitat for Humanity trips or join the debating team or yearbook club. And on and on.

“Leadership,” says Director of Academics Andrew Blair, “can be demonstrated through physical example, charismatic prowess, aptitude or some combination. But above all, the foundation for leadership in each case is demonstrated through effort and attitude.”

### Stepping in to make a change

Ginger Jabbour Abboud attended Stanstead in Grade 10, returned to Mexico for a year, and is back for Grade 12. As such, she missed the opportunity to apply for a prefectship. That isn’t stopping her from getting involved.

This past fall, Ginger organized and now leads a Spanish Club at the school, teaching her peers how to converse in the mother tongue of a good number of our students.

“Many people have said they wanted to learn Spanish. I didn’t want their desire to be limited just because there was no club,” says Ginger. Plus, she wants to be a teacher, so this gives her a taste of what that’s like.

In addition, Ginger is organizing a piano recital in April in support of a local boy receiving treatment for leukemia, and she hopes to arrange trips to local hospitals to visit sick children.

“I feel lucky,” she says of her life. “They say you can’t change the world, but by doing small things, you can change enough.”



Ginger Abboud and her Spanish Club



Despite these efforts, as well as her many activities to promote peace, the arts and literacy at her high school in Mexico, Ginger doesn't see herself as a leader. "But I think I can help people find their path. I have an ability to see what people are good at and then encourage them to pursue it."

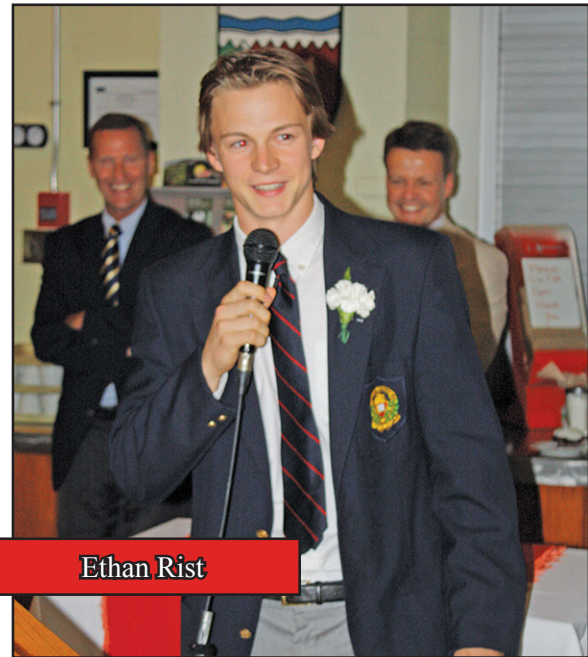
### Rising from disappointment

At the end of Grade 11, Ethan Rist (2015) applied to become a prefect. He didn't make it, and he carried the disappointment for the remainder of the school year.

Returning for Grade 12, the Wisconsin native decided he wanted to make an impact. He began volunteering for Phelps Helps, a community organization offering after-school tutoring to local students.

"I made a good friend at Phelps and would help him every Thursday with his math homework," recalls Ethan. "He saw improvement in his test-taking abilities and general feelings toward school."

In fact, through Ethan's introduction, the young boy became a sort of mascot and unofficial member of the varsity boys hockey team. His mother eventually wrote to Head-



Ethan Rist

master Wolfe heaping praise on Ethan and the team for the tremendous boost they had given to her son's self-esteem.

### Prefects in Training





## Leadership (continued)

At the end of the year, when the Grade 12s were floundering to come up with a class gift, Ethan spearheaded a campaign to purchase squat racks for the new weight room in the Pat Burns Arena. He gathered 56 signatures of support from the 59 grads.

"I can't help but be proud of the room," he says, "but especially of the plaque in the room, containing the names of 56 students who donated for the class gift."

At Baccalaureate, Ethan received the Rotary Club Service Award for service above self in the school community.

"Whether you're a prefect or not doesn't determine if you're a leader or a person of character at school or in the community," says Ethan, who took a year to play hockey before heading to college this fall. "There are thousands of avenues to make a positive impact."

Such leadership makes for a better school – and actually leads the way for many of those young leaders to becoming prefects – but the ultimate goal is for these skills to carry over after high school.

"Students at Stanstead are encouraged to take on a leadership role at some point in their time here," says Blair. "How they embrace the opportunity while at Stanstead is not as important as how they use their knowledge of what it takes to be a leader and apply it when they leave."

*Being chosen to be a leader made me believe in myself and also built character through working with others. I loved being a prefect at Stanstead. It made me feel important and that my voice mattered."*

**- Julia Gilpin,  
co-head prefect, 2015**

## Lindi Campbell, 2001 Head Prefect

*The leadership skills that I gained as head prefect were somewhat unexpected. I was always shy as a child, but upon becoming head prefect I was able to embrace my role and come out of my shell. I became more comfortable speaking in front of people and rallying my fellow prefects for special projects such as fundraising and planning assemblies. I was also fortunate enough to be sent to a leadership conference with students from Quebec and Ontario, which was a really valuable experience that I've been able to draw from in my adult life.*

*My first year after graduating from Queen's, I was working for a CAD/CAM software company in Boston and ended up becoming a manager of six other engineers (some of them much more senior than me) in less than three years with the company. I can definitely attribute that promotion to some of the skills I learned as a student leader. Mostly I was able to draw from my experiences interacting with people from different backgrounds and find the best way to motivate them in their careers.*

*Stanstead really taught me that the leadership skills I needed were there all along; I just needed the confidence to put them into action. I often look back on those years and appreciate the supportive and nurturing environment that*



*Stanstead provided, and I think it really has translated to success in my chosen career as well as socially.*

**Lindi now lives in Connecticut where she works for Hanger Clinic, a national company providing prosthetic and orthotic services. Her job includes measuring, fitting and adjusting the devices on patients and helping them with their mobility challenges**





## Jacob Borsari, 2015 Co-Head Prefect

*Leadership isn't a right or a position or a state of being. It roots itself in a person's character. It's not a fancy title such as head prefect that suddenly imbues someone with the leadership abilities that enable a leader to carry out his or her role. Leadership is a trait that exists within someone, whether it is a natural inheritance or learned. In addition to this, using that leadership to its full potential every day is the only way to keep developing into a leader. Even today, after Stanstead, I'm learning this. Leading by example, encouraging the leadership abilities in others, and continual development are all lessons learned at the good ole 'Stead for the four years I attended. And while I still have a lot to learn and fix about being a leader, Stanstead was really the first place that helped me to discover that I have the potential to be a good leader.*

**Jacob is currently studying electrical engineering at McGill University.**

## Shawn Iserhoff, 2003 Head Prefect

*Since Stanstead, I have taken on numerous leadership roles back home, including:*

- Youth Chief of the Cree Nation of Mistissini 2011-2014
- Director, Cree Nation Youth Council 2011-2014
- Director, Community Economic Review Board 2012-2014
- Chairperson, Cree Nation of Mistissini Selection Committee 2012-2014
- Councillor to the Cree Nation of Mistissini 2014- present

*I was also nominated for Deputy Chief of the Cree Nation of Mistissini in 2014, but declined.*

*In 2015, I along with three other youth received international recognition for our opposition towards uranium development, receiving an award in Washington from Nuclear-Free Future. ([www.nuclear-free-future.com/en/laureates/laureates/cree-youth-of-mistissini](http://www.nuclear-free-future.com/en/laureates/laureates/cree-youth-of-mistissini))*

*With the Stanstead student body representing so many different countries, I was honoured and humbled to be named head prefect back in 2002. It gave me a lot of confidence after Stanstead pursuing leadership roles and other endeavours. Stanstead taught me to give back to the community. Whether it be for youth or the general welfare of the community, it has shaped my career. And for this, I am truly grateful for my years at Stanstead.*

**Shawn lives in Mistissini where he is a corrections administrator with the Cree Nation Government Department of Justice and Correctional Services.**



Watch the roads for our updated cruiser





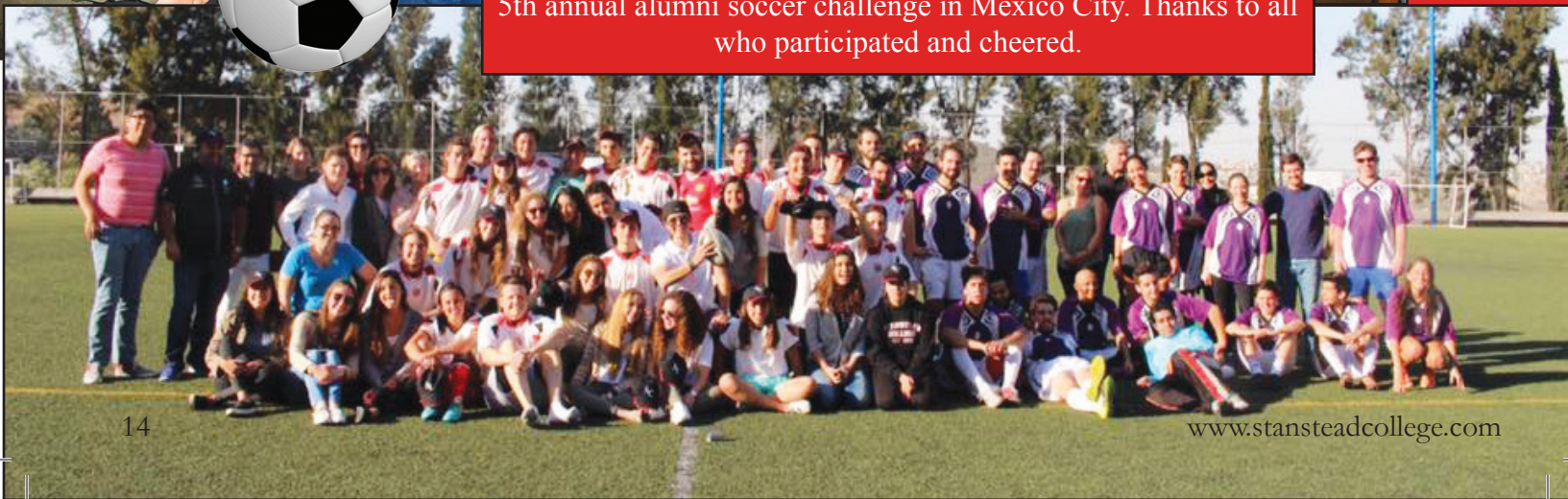
Over 50 alumni came out to the reunion in Mexico this past February. To see more photos from this and other events, check out the gallery on our website [www.stansteadcollege.com](http://www.stansteadcollege.com).



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SC Alumni came out on top again this year, beating BCS in the 5th annual alumni soccer challenge in Mexico City. Thanks to all who participated and cheered.





# Annual Fund 2015-16 needs your support

With roughly three months left to go in the 2015-16 Stanstead College Annual Fund campaign, our generous donors have contributed \$348,000 in support of scholarships and student initiatives. The goal this year is \$450,000, and we are confident that with the remaining fundraising initiatives such as Entrepreneurs for Education 2016 and the support of our alumni and friends, we can make that goal.

What does the Annual Fund do? It helps students attend our school. Once they get here thanks to scholarships and financial assistance, the Annual Fund helps students enjoy the best programs and facilities Stanstead has to offer, including travel to debate tournaments, service trips to South America, athletic uniforms, lab equipment, musical instruments, technology upgrades, the list goes on.

If you've already donated to this year's campaign, we sincerely thank you. If you haven't, there is still time. Click on the "DONATE" button at [www.stansteadcollege.com](http://www.stansteadcollege.com) or contact [karen.cushing@stansteadcollege.com](mailto:karen.cushing@stansteadcollege.com) to find out how you can contribute.

If you are contributing to Stanstead College through the United Way or Centraide, perhaps through automatic payroll deductions with your employer, please let us know so we can register the gift under your name and recognize you as a donor.

We thank you for all you do as a supporter of Stanstead College.

## Rugby players pitch in

Our rugby players had some hands-on experience in fundraising recently. In order to travel to Bermuda for a sevens tournament over the March break – the first such trip since a joint Stanstead-BCS junket in 2004 – members of the senior boys rugby team and friends undertook a number of fundraising events such as a raffle and selling pizzas and homemade "cake pops."

In addition, the boys made phone calls, reaching out to past rugby players to ask for their financial support of the project. It was a lesson in how tough fundraising can be and also how rewarding when you make contact with someone who has the same enthusiasm for your shared interests.

The rugby initiative is just one of many



that our students undertake in the pursuit of reaching specific goals, a good reminder to them that when asking for support, you need to put in the work.

To offset travel expenses, our hockey players sold raffle tickets for seats at a Montreal Canadiens game as well as player-autographed equipment and memorabilia. Parents also organized a silent auction.

Several students headed to Guatemala over the March Break and undertook a "Crush for Your Crush" sale among the students to raise funds. The ever-popular free-dress day is also a regular fundraiser for student projects.

I have been to three different high schools in my life, but none of them will ever equal what I experienced at Stanstead College. Stanstead granted me a safe space to try new activities and discover my strengths and weaknesses. Stanstead also provided me with an environment where I could participate in sports, the arts and more without ever having to neglect my academics. At Stanstead, I got the chance to meet amazing people, and here I am not talking solely about my classmates, because in this school, everything and everybody is interconnected. Today, whenever I talk about my high school experience with friends and family, I realize that no one can relate his or her experiences to what people live at Stanstead College. That is what makes me realize the uniqueness of this school, and how only once you have experienced it for yourself can you fully understand how special that place is.



- *Myriam Morénikê-Djossou, 2014, is in her second year of psychology and political studies at Queen's University, where she is deeply involved in activities for political and social justice.*



## Class Notes



Gertrude Ketchum

1945

Headmaster Michael Wolfe and Director of Advancement Dugie Ross visited **Gertrude Ketchum** at her home in Stanstead to help her celebrate her 90th birthday.

1976

**Peter Churchill** continues to work in the fitness industry as a strength and conditioning specialist, training athletes and business people alike. Peter participated in a 700 km mountain cycling adventure

tour of Colombia D.C., this past February which he says was a great challenge and experience.



Doug Norris

1977

**Doug Norris** is a clergy at Rosedale United in Toronto. He saw and spoke with former Headmaster Jeremy Riley at an event recently. This past summer he flew his brother, Ken Norris, 1976, down to Stanstead in his vintage (= 'old beater') Cessna, and did an aerial tour of the grounds and the town. It was the first time in thirty years either one of them had been back.

1984

During her recent visit to the Dominican Republic, summer programs coordinator Stephanie Delorme met up with



Sarah Hernandez

**Sarah Hernandez.** Sarah has been a great assistance to Stanstead College over the past few years, helping Ms. Delorme with the recruitment process for our summer programs and more in the Dominican.

1997

**Carl Rémillard-Fontaine** and Lindsay Neufeld's son Lucas Fontaine was born February 17, 2016.

1999

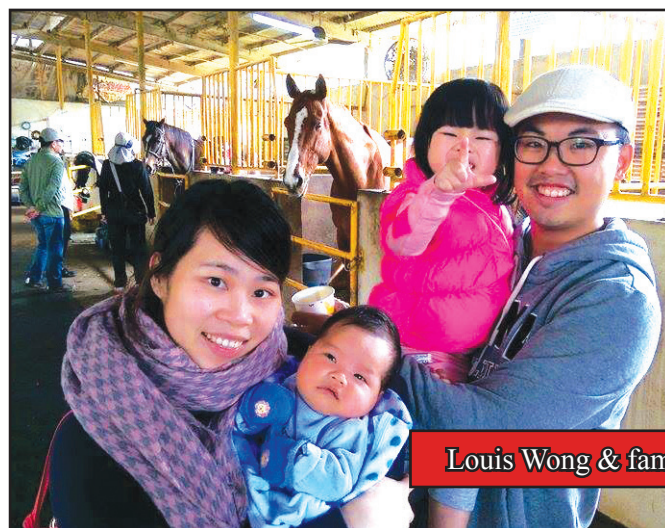
**Yanne Root** is now living in Ketcham, Idaho and was recently engaged.



Baby Lucas

2003

**Louis Wong** and his wife Olivia have just had their second child, a son. George Daniel Wong, born January 16, 2016, is the little brother to sister Isabella who is now three years old.



Louis Wong & family

2004

**Chris Channell** and wife Roxanne are expecting their first child this spring. Chris now lives in Great Falls, Virginia and is an executive vice president at WEI Mortgage Corporation.



Amy Gillespie & family



2004

Amy Gillespie and Brad Collins are pleased to announce the birth of their daughter, Poppy Joan Collins. Poppy was born on December 28, 2015 and weighed 5 lbs 6 ounces.



Mikaela Perry

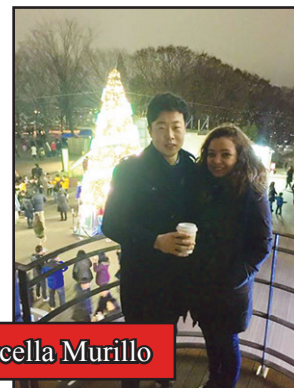
2006

Mikaela Perry has been training with the Peace Corps in Tanzania since early February. When training is

completed she will be working for two years in the village of Mambegu and will be blogging her experiences online.

2008

Marcela Murillo is currently doing an exchange in Singapore. She is thoroughly enjoying her exchange and has been able to do some traveling, including visiting with former Stanstead classmates in Korea such as In Won Lee, 2010.



Marcella Murillo

2009

Faculty members Chris Planetta and Eryn Heslian traveled to Quebec City on September 26 to see their alma mater St. FX take on Charles Vaillancourt and



Charles Vaillancourt

## Rebecca Nienkämper, 1982 guest speaker at E4E 2016

The third annual Entrepreneurs for Education gala will take place at Alt Hotel Griffintown on Wednesday, April 20.

With the help of friends of education and generous sponsors, E4E 2016 will raise money to provide a scholarship for a deserving Quebec students wishing to attend Stanstead College.

The evening will include cocktails, dinatoire, a silent auction of fine art and merchandise as well as a chance to win door prizes, including a weekend getaway, champagne and a weekend luxury car rental.

The highlight of the evening will be a talk by Stanstead College alumna, parent and trustee Rebecca Nienkämper. Ms. Nienkämper has worked in the family business, Nienkämper Furniture Inc., both in Toronto and in New York, where she now lives. Nienkämper Inc. is recognized for producing some of the best corporate and residential furniture on the market and was named one of Canada's best managed companies four years in a row. She is currently responsible for media relations for Nienkämper, ICF and Unika Vaev within parent company ICF Group. Ms.

Nienkämper will discuss how Stanstead College paved the way for her current roles and instilled the sense of diplomacy required in fulfilling those roles.

In addition, we will hear from a current Stanstead scholarship recipient about the many benefits the school is providing.

For additional information about the event, visit [stansteadcollege.schoolforms.org/E4E](http://stansteadcollege.schoolforms.org/E4E)





## Class Notes

the Laval Rouge et Or. Charles has been receiving considerable attention from NFL teams and, in January, participated in the East-West Shrine Game in Tampa, Florida.

### 2010

**Amanda Eberhardt** earned a spot on the Dean's List at Emerson College in Boston, MA for the Fall 2015 term. Amanda is majoring in writing for film and television.

In his second year at McGill, **Samuel Labrecque** broke two school records for most goals and most points by a defenceman. In 28 regular season games, Sam had a record of 27-20-47. The previous marks were 15 and 42 set respectively in 1981-82 and 1988-89. Sam led all CIS defencemen in scoring and tied for third among all skaters during the regular season. McGill lost to Carleton in their semi-final series.

### 2014

Michael Wolfe had lunch with **Asia Wisco 2014**, **Yuan Liu 2015** and **Myriam Djossou 2014** at Queen's this past March. Asia is playing varsity soccer and is in the engineering program. Her teammate and goalie on the soccer team is Brianna Singh, daughter of Stanstead alums Dave Singh 1981 and Michelle Gregoire 1981.

### 2015

**Sarah-Maude Labrecque**, in her first year in goals for



Asia Wisco, Yuan Liu and Myriam Djossou

the University of Ottawa Gee Gees women's hockey program, was named to the RSEQ Rookie All-Star team at the end of the regular season. Ottawa lost to McGill in their semi-final series.

**Ryan Fletcher** earned a spot on the Dean's List during his first term at St. Lawrence University in Canton, NY.

### Former Faculty

**Nathalie Roy**, who taught music at Stanstead College from 2003 to 2007, lives in Alberta and is teaching music in Grades 1-4 and band in Grades 5-9 at Langdon.



Yellow Helmet MVPs



Alumni Hockey Weekend 2016





Lissi Conradt 2011, Dugie Ross, Joanne Carruthers, Elena Jacobs 2011, Naomi Orth 2011 and Michael Wolfe



Ann Katrin Hess and Florian Hackl (language adventure alum) with Joanne Carruthers



Theresa Schachner 2015 and Joanne Carruthers



Dugie Ross 1970 with Robert Lenz 2003



Theresa Schachner 2015 and interested families at Auersperg Gymnasium

## Germany

Michael Wolfe, Joanne Carruthers and Dugie Ross 1970 were in Germany in February. Several admissions events were held with the support of our alumni and a reunion took place in Cologne on February 20.



## Vietnam Project

By Olivia Woodcock  
Grade 12

Stanstead College has paired up with Olympia School in Vietnam to help raise awareness of issues in impoverished areas of Vietnam and fundraise to help bring aid to the Xuan Chinh Secondary School in Thanh Hoá, Vietnam. The school and surrounding area are extremely impoverished, with students not being able to have three nutritious meals a day, and the school without a functioning plumbing system.

Olympia School has contacted Xuan Chinh Secondary School and the vice-chairman of Thanh Hoá, who has agreed to help. Through fundraising efforts, Stanstead will provide food, particularly meat, and other necessities to the schools in the area. This will help the schools to provide their students with more nutritional meals and hopefully improve the quality of life for the students.

During March break, several students from Stanstead College traveled to Vietnam to meet with the students from the Olympia School in Hanoi. The group traveled to Thanh Hoá to learn more about the area, interacted with the students of Xuan Chinh Secondary School, and dropped off the supplies. Through this visit the group will be able to determine what other continuous support can be provided to the school and the surrounding area.

Fundraisers at Stanstead have included the always pop-



*Students also presented their project at a recent Rotary Club meeting.*

ular free-dress day, where for two dollars students can wear casual dress for the day. Before the free dress day, the Stanstead group made a presentation to the students and faculty about the project. We also had a bake sale where students bought cookies and cupcakes made by members of the Vietnam Service Club. However, our most popular fundraiser was the Pie in the Face event. During Winter Carnival, students were given the opportunity to bid on teachers that they could “pie.” This resulted in many messy teachers, an enjoyable day and funds to help aid the children in Vietnam.

Our collective goal is not only to provide immediate aid to the students of Xuan Chinh Secondary School but to ensure that they are able to maintain an improved quality of living that would include a functional plumbing system, nutritional meals and sustainable agriculture. Students at both the Olympia School and Stanstead College view this initiative as an ongoing collaborative effort and we eagerly await the return of our team.





# Stanstead College Summer Camps 2016

Register today!  
Contact Brittany Sharman  
Asst. Summer Program Coordinator  
Tel: (819) 876-7891, ext. 245  
Fax: (819) 876-5891  
summer.school@stansteadcollege.com



## Stanstead College Language Adventure

Come for four weeks of  
**Français, Español or English**

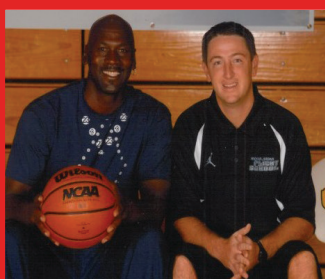
and leave with tons of memories!

For boys and girls ages 11 to 16  
From July 3 to 30, 2016



- More than 20 hours of classes per week
- Groups of 9 to 15 students at beginner, intermediate and advanced levels
- Outdoor activities, sports, arts, camping
- Discover Quebec's diverse culture through cultural day trips.
- Meet friends from around the world for memories that will last a lifetime!

[www.stansteadcollege.com/language-camp](http://www.stansteadcollege.com/language-camp)



### BASKETBALL DEVELOPMENT CAMP

with Donnie Arey,  
NBA Lead Clinician Michael  
Jordan Flight School  
2008-2015  
University Coach  
for 16 years

**August 21-27, 2016**  
**Boys & Girls**  
**Grades 7-12**

- Ball resistance training
- Advanced hand/eye, ball handing and footwork drills
- Explosive fitness performance
- Pro, college & high school level training full & half court
- Develop tools for improved team & program culture
- Skills contests

[www.stansteadcollege.com/basketball\\_camps](http://www.stansteadcollege.com/basketball_camps)

### ALSO

- **DEBATE CAMP** August 7-13, 2016
- **SUMMIT HOCKEY CAMP** June 26 - July 16, 2016

### Midget Boys Hockey Development



- For boys age 15 to 18
- August 18-21, 2016
- Team entry
- 11 hours of ice per team, including evening game(s)
- Residential boarding
- Certified instruction in functional training and strength-and-conditioning
- Coaches seminar (Decision Training and Play Practice Methodology)

[www.stansteadcollege.com/centre-for-hockey-development](http://www.stansteadcollege.com/centre-for-hockey-development)

### HOCKEY SKILLS DEVELOPMENT CAMP FOR GIRLS



Pat Burns Arena,  
Stanstead College  
July 17-21, 2016  
Ages 12 - 16 years

With two-time  
Olympic Gold  
medalist

- 2.5 hours of on-ice skills development
- Hockey-specific off-ice training, designed by Sarah Vaillancourt
- Recruitment opportunity for Stanstead College hockey
- 24-hour supervision for boarders

[www.stansteadcollege.com/girls-hockey-camp](http://www.stansteadcollege.com/girls-hockey-camp)



### Stanstead Soccer Skills Day Camp

July 4-18, 2016 - Ages 8-15

- Training in skills development and team play
- Two groups separated by age and ability
- Cardio and conditioning
- Skills training including agility, control, field and play awareness, shooting, finishing and more!

[www.stansteadcollege.com/soccer-skills-day-camp](http://www.stansteadcollege.com/soccer-skills-day-camp)



## In Memoriam

### Marcel R.E. Fox

Stanstead College Board of Directors,  
1973 - 1988

November 2015



Born in Strasbourg, Alsace, France, the dearly beloved son of Berthe Voegtling and Aloys Fux. Dear husband of Joyce E. Pendlebury for 66 years and father to Valerie, Roger and Ivan.

### W. Kenneth (Peter) MacLeod, III

Class of 1975

September 6, 2015

William Kenneth (Peter) MacLeod passed away suddenly on Labour Day weekend at his cherished family cottage on Lac Aylmer near Stratford, Que. Peter was the third generation of MacLeod family to attend Stanstead College. His grandfather, W.K MacLeod Sr. was from the Class of 1915 and his father W.K



MacLeod Jr. (Boots) was from the Class of 1951. His sister Allison, 1987 and brother Robert (Bob), 1977, also attended Stanstead College. He often reminisced about his many exploits and ventures with his good friends while at the school. Peter's adventuresome attitude continued as he founded International Organics Inc., a trading company dealing with certified organic food products. He traveled extensively but always maintained close contact with his family and friends. His unmatched sense of joie de vivre will be missed by all.

### David Ian Gross, Lt. Col, USAF Ret.

Class of 1949

September 25, 2012

David Gross began his distinguished career with an undergraduate degree from Mount Allison University. He earned a master's degree in chemical engineering from Georgia Tech University. As a USAF navigator, David honorably served his country flying multiple combat missions in Southeast Asia. He served as director of various defence system programs, most notably the Air Launch Cruise Missile (ALCM) and the Tomahawk Cruise Missile in Washington, D.C., prior to his retirement



in 1978. David began his second career as a professor at the University of Dayton. He was appointed chairman of the Chemical Technology Department and developed the Environmental Engineering program. In 1995, he retired with the distinguished honour of professor emeritus. David enjoyed the opera, reading, computer science and fine dining with his family. His passion for intellectual pursuits was matched only by his affinity for nature, gardening, generosity and compassion for people and solving problems for those around him. He is survived by his wife, Mary, of 39 years, son Kenneth, daughters Barbara and Jennifer and grandchildren.

### Maud Duncan Curtis

December 18, 2015

Maud was born in Croydon, England, to William Reid Duncan and Maud Elizabeth Sinclair. The family immigrated to Canada and settled in Lachine, Quebec where she attended George Esplin School and Lachine High. After excelling in her business studies at the "Mother House" in Montreal, Maud began her career at the Shawinigan Water and Power Company in Montreal and was a valuable administrative assistant. She was the first woman to be president of the Shawinigan Club of Montreal and was also President of the Art Club, winning prizes for her oil paintings, one of her many hobbies. Maud and her sister, Christina (deceased October 2014) traveled extensively, meeting and garnering many lasting friendships. The year 1983 was the beginning of a loving relationship with "Art" (Arthur E. Curtis Jr., deceased December 1991). The two enjoyed an eight-year-long honeymoon. Stanstead welcomed Maud with open arms and she became an important and involved member of the community. In particular, Maud gave a great deal of time and interest to Stanstead College, Stanstead Centenary United Church and the Border Rotary Club. She was a wonderful storyteller and she always had a tidbit of advice. Her voice and lessons will remain in our hearts. She will be missed. Maud is survived by a cousin in England, Dr. Iain Duncan, stepdaughter Carman Curtis in Cambridge, Ontario, and her daughter, Maud's "adopted" granddaughter, Leona Curtis Dobbie in Paris, France.





### Gordon Stuart

Class of 1946

August 31, 2015



Predeceased by his beloved wife Frances Meigs, Class of 1945, Gordon leaves to mourn his children Sandra (Carl), Wendy (Brian), Kimberley, Karen (James), and Scott (Trudy). Loving grandfather of: Jeremy, Class of 2005,

Steven, Stuart, Rebecca, Christina, Gordon, Victoria and William.

### Grant Van Vliet

Class of 1950

December 21, 2015

Suddenly with his wife of 11 years by his side. Born September 3, 1934 to parents Thomas Traver Van Vliet and Dema May Lathe, in Lacolle, Que., Grant was raised in the family home of the three Van Vliet brothers who owned and operated the family farm on Rte.



221. He graduated from Stanstead College and married Sheelagh Ann Myers in 1958. They had 4 children, Karen, Keith Scott, Kevin and Kim. Grant was a 50-year Mason and member in good standing at the Clarenceville-Nelson Lodge #9, Past Master of Clarenceville #91 and Past District Deputy Grand Master for the District of Bedford in 1976. He devoted his entire career to the insurance brokerage business and was a businessman of the highest respect and trust. In 2006 he retired to Napierville with his second

wife, Sylvia Allain. They were avid square dancers and spent many winters in Texas enjoying dancing a couple of times a week with daughter Karen.

### Ruby May Racicot (nee Baldwin)

Class of 1938

January 6, 2014

She was in the class of 1938 during the unfortunate fire that destroyed the main hall on May 28, 1938 and caused disruption to graduating seniors that year. She met her future husband Roland W. Racicot at Stanstead College and they were married in Prince Rupert, B.C. in 1943. Ruby was the daughter of Harold F. Baldwin of Baldwin's Mills, Que., a former trustee and benefactor to Stanstead College. Ruby was also the granddaughter of Willis K. Baldwin M.P. for Stanstead County and Eastern Townships. WK Baldwin was also a benefactor to Stanstead College and supplied lumber for construction of the original main hall. Roland and Ruby settled in Coaticook, Que., and raised a family, but later moved to Los Angeles, Ca., and on to ultimate retirement. She is missed by her family including her son Roland P. Racicot, class of 1961, daughter Janice, daughter Sharron, and son Stephen.

### Nancy Pacaud (nee Butters)

February 3, 2016



Passed away peacefully just shy of her 103rd birthday at the Wales Home in Richmond, QC with her daughter Jill by her side. Nancy loved living in the Eastern Townships, especially in her family home, "Broadview," built in 1866, now known as Alumni House and home to our Advancement Office.

## Winter Academic Assembly

Ian Jackson, Class of 1982 and the school's current business manager, was the guest speaker at the Winter Academic Assembly in Centenary Church in January, honouring those students whose hard work has earned them a spot on the Headmaster's and Academic Honours Lists.

Mr. Jackson enjoyed a long and successful business career and was an active trustee of the school before returning to Stanstead as an employee last year. Among his ventures, he has served as president of U Weight Loss Retail Clinics, and North American vice president sales and merchandising for Sony Corp., a company he worked for from 1997 to 2010.

Mr. Jackson told the students that, prior to his speech, he came to Centenary Church to sit and think. And it occurred

to him that, given the variables of existence, the probability of him being associated with Stanstead College at this time of his life is quite small. And considering that the Stanstead College competes with schools from around the world and that applications from those who show interest in the school funnel down to the 225 seated here, the odds of each of them being there and in contact with each other are likewise minute.

"The school has evolved since I was here, and the students have evolved too," he said. "What a time to be a part of that. Next time things aren't going well, think about how remote the probability is that you're here at all."

He also reminded them that the privilege that brings them together at Stanstead also confers on them significant responsibility to improve the world around them.



## 2015 Calendar of Events

Entrepreneurs for Education	April 20, 2016
Toronto Reunion	April 21, 2016
Montreal Alumni Reunion	May 5, 2016
Graduation Dinner & Dance	June 4, 2016
Baccalaureate & Prize Giving	June 23, 2016
Alumni & Friends Golf Tournament	September 23, 2016
Homecoming 2016	September 24, 2016



# Cafe Cappuccino 2016

Stanstead College  
450 Dufferin St  
Stanstead Qc J0B 3E0

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